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← Cover: *Portrait of a Woman with
a Winged Bonnet.*

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Editorial

Here and now, in a single moment in the unrestrainable movement of time and space, at the beginning of its fifth year, Spirituality Studies brings to you a new bunch of articles, both scholarly studies and essays, in accordance with its mission to foster the awareness of the importance of spirituality in the academic as well as personal contexts.

On the pages of the 2019 Spring issue, Dr. Jana Trajtelová portrays a fascinating image of a renowned medieval English mystic Julian of Norwich she had been working on for years. The topic of the opening study of the issue is also displayed on its cover – it is Julian of Norwich who invites us to have a look inside.

In the following study, Dr. Michal Kutáš develops his philosophical ideas on reason as a biological function in order to argue for holistic understanding of man. The next paper of Doc. Dr. Gejza M. Timčák opens up an exciting polemic against the conventional religious interpretation of the classical Indian Yoga by challenging its relation to the so-called Hinduism. Subsequently, Sama Fabian turns our attention to the rapidly growing phenomena of online Yoga classes and confronts it with the traditional ways of Yoga transmission. And finally, Barbara Le Pape provides us with a unique insight into her creative process and artistic elaboration of the meditative experiences of energies and forms of selected Mahāvidyās – sacred feminine energies according to the Indian tradition.

All these contributions reflect, each one in a particular way, the fundamental intent of the Journal – to be an interdisciplinary platform for constructive dialogue between a variety of viewpoints, approaches, and methodologies in the study of spirituality.

Let me hope, dear reader, that you are going to find inspiration in these texts for your personal inquiry of this captivating phenomenon of spirituality and your effort will be rewarded by an insight going beyond the dynamics of the phenomenal reality.



Cordially
Martin Dojčár